

RASTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS AS PER NEW EDUCATION POLICY

**For BA Honors & BA Research Degree
in PSYCHOLOGY as MAJOR
(From SEM 1 to SEM 8)**

(TO BE IMPLEMENTED FROM THE SESSION 2024-25)

Prasanna

Sumita

Shub

R. S. G. Prasad

M. L. B. B. B.

SCHEME OF EXAMINATION for 4 Credit Theory Major Course

-Theory Paper- Max. Marks- 80

-Time- 03 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

- Q. 01 (a)- Long Answer Question 08 Marks
(b)- Long Answer Question 08 Marks
OR
(1)- Long Answer Question 08 Marks
(2)- Long Answer Question 08 Marks
- Q. 02 (a)- Long Answer Question 08 Marks
(b)- Long Answer Question 08 Marks
OR
(1)- Long Answer Question 08 Marks
(2)- Long Answer Question 08 Marks
- Q. 03 Any Four short notes: 04 marks each
(1)- Short Answer Question
(2)-Short Answer Question
(3)- Short Answer Question
(4)- Short Answer Question
(5)- Short Answer Question
(6)- Short Answer Question
- Q. 04 Any Four short notes: 04 marks each
(1)- Short Answer Question
(2)-Short Answer Question
(3)- Short Answer Question
(4)- Short Answer Question
(5)- Short Answer Question
(6)- Short Answer Question

Q. 05- 08 Very Short Answer Question (Compulsory)

02 Marks each

DISTRIBUTION OF MARKS FOR THEORY INTERNAL ASSESSMENT - (Max. Marks- 20)

1	Assignment on given topic	5 Marks
2	Assignment on given topic	5 marks
3	Activity	10 Marks

Dr. Chandra

Shruti

30 minutes

R. J. G. 2020

M. L. Babu

SCHEME OF EXAMINATION for 2 Credit Theory Major Course

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

Q. 01- Long Answer Question with one Option	8 Marks
Q. 02- Long Answer Question with one Option	8 Marks
Q. 03- Two Short Notes Question with one option	8 Marks
Q. 04- Two Short Notes Question with one option	8 Marks
Q. 05- 08 Very Short Answer Question (Compulsory)	8 Marks

DISTRIBUTION OF MARKS FOR THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

1	Classroom Attendance	5 Marks
2	Assignment / Activity	5 marks

SCHEME OF EXAMINATION FOR 2 CREDIT PRACTICAL MAJOR COURSE

-Practical Examination- Max. Marks- 40

-Time- 3 Hours

-Distribution of Marks– Practical Examination

Conduct of Experiment/Test (External Examiner)	10 Marks
Report of Experiment/Test (Internal Examiner)	10 Marks
Viva-Voce (Test/Experiment) (External Examiner)	10 Marks
Record Book (Internal Examiner)	10 Marks

DISTRIBUTION OF PRACTICAL INTERNAL ASSESSMENT (Max. Marks- 10):

1	Activity / Assignment	5 Marks
3	Laboratory Participation	3 Marks
4	Attendance	2 Marks

Prakash

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John

R. J. Prasad

M. L. Babu

Rashtasant Tikadoji Maharaj Nagpur University, Nagpur

To be implemented from the Session 2024-25

BA Psychology as Major- Scheme of Teaching & Evaluation SEM 1 to 8 (Draft Revised in Feb. 2024)

SEM 1

Sr. No.	Course Type	Subjects	Name of Paper	Examination Scheme								Credit
							Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks	
				Theory/P ractical	Activity	Total						
1	Major	T1	Fundamentals of Psychology- I	4	-	4	80	-	20	100	40	4
2		P1	Practicum on Applied Psychology-I	4	-	4	40	-	10	50	20	2
Total of Major		2	-	8	-	8	120	-	30	150	60	6

SEM 2

Sr. No.	Course Type	Subjects	Name of Paper	Examination Scheme								Credit
				Theory/P ractical	Activity	Total	Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks	
3	Major	T2	Fundamentals of Psychology- II	4	-	4	80	-	20	100	40	4
4		T3	Biopsychology	4	-	4	40	-	10	50	20	2
Total of Major		2	-	8	-	8	120	-	30	150	60	6

Dr. Richard

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R. J. J. J.

M. B. B.

SEM 7 Honours

Sr. No.	Course Type	Subjects	Name of Paper	Teaching Scheme			Examination Scheme						Credit
				Total Hrs per Week			Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks		
				Theory/P ractical	Activity	Total							
19	Major	T11	Personality Theories	4	-	4	80	-	20	100	40	4	
20		T12	Emerging Trends in Psychology	4	-	4	80	-	20	100	40	4	
21		P3	Research Project- Part 1	-	4	4	-	50	50	100	50	4	
22	Major Elective	ME-3	Psychological Test Construction	4	-	4	80	-	20	100	40	4	
Total of Major		4	-	16	4	16	240	50	110	400	170	16	

SEM 8 Honours

Sr. No.	Course Type	Subjects	Name of Paper	Teaching Scheme			Examination Scheme						Credit
				Total Hrs per Week			Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks		
				Theory/P ractical	Activity	Total							
23	Major	T13	Professional Skills for School & Career Counselor	4	-	4	80	-	20	100	40	4	
24		T14	Advance Resreach Methods & Statistics	4	-	4	80	-	20	100	40	4	
25		P4	Research Project- Part 2	-	4	4	-	50	50	100	50	4	
26	Major Elective	ME-4	Ethics in Counseling & Research	4	-	4	80	-	20	100	40	4	
Total of Major		4	-	16	4	16	240	50	110	400	170	16	







SEM 7 Research

Sr. No.	Course Type	Subjects	Name of Paper	Teaching Scheme				Examination Scheme					Credit
				Total Hrs per Week			Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks		
				Theory/P ractical	Activity	Total							
27	Major	T11	Personality Theories	4	-	4	80	-	20	100	40	4	
28		T12	Emerging Trends in Psychology	4	-	4	80	-	20	100	40	4	
29	Major Elective	ME-3	Psychological Test Construction	4	-	4	80	-	20	100	40	4	
Total of Major		3	-	12	-	12	240	-	60	300	120	12	

SEM 8 Research

Sr. No.	Course Type	Subjects	Name of Paper	Teaching Scheme			Examination Scheme						Credit
				Total Hrs per Week			Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)	Total Marks	Min. Paasing Marks		
				Theory/practical	Activity	Total							
30	Major	T13	Professional Skills for School & Career Counselor	4	-	4	80	-	20	100	40	4	
31		T14	Advance Resreach Methods & Statistics	4	-	4	80	-	20	100	40	4	
32	Major Elective	ME-4	Ethics in Counseling & Research	4	-	4	80	-	20	100	40	4	
Total of Major		3	-	12	-	12	240	-	60	300	120	12	

Dr. R. S. Choudhary

Sumit

Dr. R. S. Choudhary

Dr. R. S. Choudhary

Dr. R. S. Choudhary

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM I
TO BE IMPLEMENTED FROM THE SESSION 2024-25

COURSE TITLE: FUNDAMENTALS OF PSYCHOLOGY- I

(Subject Code- BAPSY SEM 1 – T1 (Major 1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES-

- a) To know the Purpose, Methods, and Importance of studying Human Psychology.
- b) To understand how an individual person perceives the world around.
- c) To analyze how cognitive processes like Thinking, Decision Making, Problem solving takes place.
- d) To evaluate process of Learning & Memory.

UNIT 1- INTRODUCTION TO PSYCHOLOGY, AND ITS DEVELOPMENT

- **Definition, Goals and Historical Background of Psychology, Approaches of Psychology-** Behaviorism, Cognitive, Biological, Psychoanalytic, Humanistic
- **Methods of Psychology-** Introspection, Observation, Questionnaire, Interview, Case Study, Experimental, **Applications of Psychology**

UNIT 2- COGNITIVE PROCESSES-I

- **Attention** (Meaning, Determinants of Attention, Types of attention (Natural, Voluntary, non-voluntary), Concept of Span of attention, Division of Attention, Distraction of Attention, Fluctuation of Attention, Sustained Attention)
- **Sensation** (Process, Introduction to Five Senses), **Perception** (Figure & Background, Laws of Perceptual Organization, Concept of Illusion and Hallucination)

UNIT 3- COGNITIVE PROCESSES – II

- **Learning** - Meaning, Types, Thorndike's Laws of Learning, Methods (Conditioning, Observational, Insightful, Latent)
- **Memory** - Meaning, Process- Encoding-Storage-Retrieval, Stages- Sensory-Short Term-Long Term, Types of Long-Term Memory (Implicit, Non-Declarative, Procedural, Explicit (Declarative): Episodic, Semantic), **Forgetting** (Causes), Memory Improvement Techniques

UNIT 4- COGNITIVE PROCESSES – II

- **Thinking** (Components & Types, Concept of Creative Thinking)
- **Language Development**-Basic Aspects of Language, Language and Brain, Theories of Language Development (Nativism, Behavioral and Social Cognition theory, Interactionism, Cognitive Processing theory)

Dr. Anand

Dr. J. K.

Dr. B. K.

Dr. P. K.

Dr. B. K.

Books for Reference:

1. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
2. Benjamin, L. T. (1997): History Of Psychology: Original Sources and Contemporary Research. New Delhi: McGraw-Hill Companies.
3. Chadha, N. K. Seth, S. (2014): The Psychological Realm: An introduction. Pinnacle learning, New Delhi.
4. Ciccarelli, S. & Meyer, G. E. (2008). Psychology. Pearson, New Delhi
5. Feldman, S. R. (2009): Essentials of Understanding Psychology, Tata McGraw Hill, New Delhi.
6. Kalpan, R. M. and Saccuzzo, D. P. (2005): Psychological Testing: Principal, Application and Issues, 6th Edition, Cengage Learning Inc Private Limited, New Delhi.
7. Lahye, B. B. (2003): Psychology: An Introduction. New Delhi: Tata Hill.
8. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). Introduction to Psychology. McGraw-Hill
9. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.
10. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur
11. Passer, M. W. & Smith, R. E. (2007): Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill
12. Rathus, S. A. (1986): Essentials of Psychology. CBS College Publishing, Holt, Rinehart and Winston, New York
13. Ciccarelli S. K. (2008), Manasshastra : Dakshin Asia Avritti (in Marathi), Pearson Education
14. Baron, R. & Bhardwaj, G. (2014) Manowigyan (Hindi Anuwad- 'Psychology' by R. baron), Pearson Education India
15. Singh, A. K. (2017), Adhunik Samanya Manowigyan, Motilal Banarsidass Publishers
16. Singh, A. K. (2015), Uchchatar Samanya Manowigyan, Motilal Banarsidass Publishers
17. Mishra, B. K. (2010), Manaw Vyawhar Ka Adhyayn, Prentice Hall of India
18. Verma, P. & Shrivastawa, D. N. (1996), Adhunik Prayogatmak Manovigyan, Vinod Pustak Mandir
19. Tripathi, L. B. & Others (1997), Adhunik Prayogik Manowigyan, Harprasad Bhargav, Agra
20. Deshpande, C. (2018), Manavi Vartan: Manasshastriy Samupdeshan, Unmesh Prakashan

Dr. Khande

Shukla

Zamrute

R. J. Anand

M. B. Babay

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM I

TO BE IMPLEMENTED FROM THE SESSION 2024-25

COURSE TITLE: Practicum on Applied Psychology-I

(Subject Code- BAPSYP1 (Major2)

(Credit – 02, Total Teaching Hours- 60, Teaching Hours per week – 04)

(Batch Size- 16 Students)

• **Any SIX Tests &/or Experiments**

1. Substitution Learning
2. Habit Interference
3. Recall and Recognition
4. Digit Span
5. Muller-Lyer Illusion
6. Effect of Mental Set on perception
7. Test on EI/EQ/Emotional Maturity
8. Personality Test
9. Intelligence Test
10. Test on Mental Health/Well-Being
11. Self-Concept Scale
12. Test of Attitude Measurement
13. Social Maturity Scale
14. Achievement Motivation Scale
15. Aggression Scale











RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 2

TO BE IMPLEMENTED FROM THE SESSION 2024-25

COURSE TITLE: FUNDAMENTALS OF PSYCHOLOGY- II

(Subject Code- BAPSY SEM 2 T2 (Major 1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OBJECTIVES-

- To know about Basic Human Motives and Emotions.
- To evaluate the of development of Human Intelligence and Personality
- To understand and evaluate the of development of Personality
- To analyze various prospectus in the field of Psychology

UNIT 1 – PSYCHOLOGICAL PROCESSES- I

- **Motivation**-Definition, Concept of homeostasis, Approaches to the study of Motivation (Ethological, Social-Cultural, Psychoanalytical, S-R Cognitive, Humanistic), Types of motives (Physiological, Psychological, Social), Maslow's theory of Hierarchy of Motives
- **Emotion**- Definition, Types (Wheel of Emotions), Correlates: Internal and external, Concept of Emotional Intelligence, Theories of Emotions (James-Lange, Cannon-Bard, Schechter-Singer), Concept of Emotional Intelligence

UNIT 2- PSYCHOLOGICAL PROCESSES- II

- **Intelligence** -Definition, Theories of Intelligence- Gardner's theory, Guilford's SOI model, Cattell's Theory, Types of Intelligence Tests, Concept & Calculation of Intelligence Quotient (Mental Age, Chronological Age), Distribution of IQ in population.
- **Creativity**: Definition, Aspects of Creativity, Stages of Creativity, Correlates: Creativity & Intelligence, Creativity & Personality

UNIT 3- PERSONALITY

- **Personality**- Definition, Concept, Determinants of Personality, Theories of Personality- Psychoanalytic: Freud, Psycho-Social: Erikson, Humanistic: Rogers, Type: Hippocrates, Sheldon, Kretschmer, Jung, Trait: Eysenk, Allport, Cattle,
- **Assessment of Personality** - Psychometric Test (Big-Five, 16 PF, Cattell's), Projective Tests (Rorschach, TAT, Sentence Completion)

UNIT 4 –EMERGING AREAS IN PSYCHOLOGY

- **Psychology for Education & Career** (School & Educational Psychology, Career Counseling), **Psychology at Workplace** (Organizational & Industrial Psychology, OD, OB, HRM Work-Stress and Health Issues, Work-Life Balance), **Psychology for Families** (Child Psychology, Developmental Psychology, Premarital Counseling Psychology), **Psychology for Human Health & Well-Being** (Abnormal psychology, Biopsychology, Psychopathology, Psychotherapies), **Psychology for Community** (Social Psychology, Psychology and Law,

Amal Kumar

Somnath

Junika

Rajendra

Melli Baby

Forensic Psychology, Psychology and Technology, Digital Addiction, Psychology for crisis and rehabilitation)

Books for Reference:

1. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
2. Benjamin, L. T. (1997): History Of Psychology: Original Sources and Contemporary Research. New Delhi: McGraw-Hill Companies.
3. Chadha, N. K. Seth, S. (2014): The Psychological Realm: An introduction. Pinnacle learning, New Delhi.
4. Ciccarelli, S. & Meyer, G. E. (2008). Psychology. Pearson, New Delhi
5. Feldman, S. R. (2009): Essentials of Understanding Psychology, Tata McGraw Hill, New Delhi.
6. Lahye, B. B. (2003): Psychology: An Introduction. New Delhi: Tata Hill.
7. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). Introduction to Psychology. McGraw-Hill
8. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.
9. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur
10. Ciccarelli S. K. (2008), Manasshastra : Dakshin Asia Avritti (in Marathi), Pearson Education
11. Suleman, M. (2013), Manovigyan Main Prayog Evam Parikshan, Publisher Motilal Banarsidass
12. Hurlock, E. (2017), Personality Development, Indian Edition, McGraw Hill Education

Dr. Anurag

Dr. Anurag

Dr. Anurag

Dr. Anurag

Dr. Anurag

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 3
TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: Biopsychology

(Subject Code- BAPSYBIOPSY (Major 2))

(Credit – 02, Total Teaching Hours- 30, Teaching Hours per week – 02)

COURSE OBJECTIVES-

1. To explore the biological basis of human behavior & mental processes.
2. To understand the structure and functions of nervous systems & endocrine glands.

UNIT 1 – NEURON & CENTRAL NERVOUS SYSTEM

- Introduction to Neuron (Structure, Types, It's Function)
- Central Nervous System
- Brain Mapping Techniques

UNIT 2 – PERIPHERAL NERVOUS SYSTEM & ENDOCRINE GLANDS

- Peripheral Nervous System
- Endocrine Glands
- Biological Basis of Psychological Processes (Motivation, Emotion, Memory, Language)

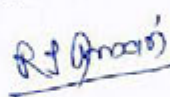
Books for Reference:

1. Ciccarelli, S. & Meyer, G. E. (2008). Psychology. Pearson, New Delhi
2. Feldman, S. R. (2009): Essentials of Understanding Psychology, Tata McGraw Hill, New Delhi.
3. Lahye, B. B. (2003): Psychology: An Introduction. New Delhi: Tata Hill.
4. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). Introduction to Psychology. McGraw-Hill
5. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur











RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 3

TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: Social Psychology

(Subject Code- BAPSYSOCPSY (Major 1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OBJECTIVES-

1. To know the concept of social psychology and related terminology.
2. To understand the scope of studying social psychology in the social situations.
3. To analyze the influence of Intra & Interpersonal factors on Attitudes, Prejudice, Aggression, Pro-social Behavior, and Social Violence.
4. To evaluate Group Influence and related behavior.

UNIT 1- INTRODUCTION TO SOCIAL PSYCHOLOGY

- **Brief history** of Social Psychology, **Scope** of Social Psychology, **Goals** of Social Psychology, **Levels of social behavior**
- **Social Perception** –Meaning & Types of Self Concept, Self Esteem, Concept of **Attribution**, Fundamental Attribution Error, **Locus of Control**
- **Socialization**: Importance & Process

UNIT 2- ATTITUDE & PREJUDICE

- **Attitude**: Definition, Function and formation of attitude. Theories: Balance theory, Cognitive dissonance theory.
- **Prejudice**: Nature and components of prejudice. Acquisition and reduction of prejudice.

UNIT 3- PRO-SOCIAL BEHAVIOUR, AGGRESSION & SOCIAL VIOLENCE

- **Pro-Social Behavior**: Personal, Situational and Socio-cultural determinants of Pro-Social Behavior, Bystander Effect, Theoretical Explanation of Pro - Social Behavior.
- **Aggression & Social Violence**: Nature, types of violent behavior, determinants of Aggression, Theories of Aggression (Biological, Instinct, Social Learning, Cognitive), Frustration-Aggression Hypothesis, Prevention of Aggression & Social Violence.

UNIT 4 – GROUP BEHAVIOUR & SOCIAL INFLUENCE

- **Group Behavior**: Nature of group, Group Formation & Function
- **Social Influence: Conformity**: Definition & Nature, Factor affecting Conformity, Bases of Conformity, **Compliance**: Principles & Techniques

Books for Reference:

- Baron, R. A., Byrne, D. & Bhardwaj, G. (2010): Social Psychology (12th Ed). New Delhi, Pearson
Chadha, N.K. (2012): Social Psychology, McMillan, New Delhi
Misra, G. (1990): Applied Social Psychology, New Delhi, Sage
Myers, D. G. (2008): Social Psychology. New Delhi: Tata McGraw-Hill
Natu, S., Vaidya, A. (2010): Samajik Manasshastra, Manasi Rajhansa, Pune
Taylor, S. E., Peplau, L. A. & Sears, D. O. (2006): Social Psychology (12th Ed). New Delhi, Pearson.

Dr. V. K. Chaudhary

Dr. M. K. Chaudhary

Dr. J. K. Chaudhary

Dr. R. K. Chaudhary

Dr. M. K. Chaudhary

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 3

TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: Practicum on Applied Psychology-II

(Subject Code- BAPSYP2 (Major 2))

(Credit – 02, Total Teaching Hours- 60, Teaching Hours per week – 04)

(Batch Size- 16 Students)

• **Any Six Tests &/or Experiments**

1. Test on Occupational Stress / Role Stress/ Work Stress
2. Work Motivation Questionnaire
3. Organizational Climate Inventory
4. Job Satisfaction Scale
5. Test Org. Commitment
6. Quality of Work Life Scale
7. Counseling Need Scale
8. Aptitude Test/Battery
9. Adjustment Inventory
10. Interest Inventory
11. Problem Behavior Checklist
12. Suicidal Ideation Scale
13. Resilience Scale
14. Test on Anxiety/ Depression
15. Mental Health Scale/Well Being Scale

M. K. Khandekar

Zammit

J. K. Jadhav

R. J. Jadhav

M. K. Khandekar

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 4
TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: Industrial & Organizational Psychology

(Subject Code- BAPSYORGPSY SEM 4 (Major 1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OBJECTIVES-

1. Understand different concepts and dynamics related to organizational system, behavior, and management.
2. Identify steps managers can take to motivate employees in the perspectives different work related attitudes.
3. To evaluate how organizational leadership and communication works.
4. To analyze work related stressors and dynamics of org. conflict

UNIT 1 – INTRO. TO INDUSTRIAL & ORGANIZATIONAL PSYCHOLOGY

- **Industrial Psychology:** Definition & Nature
- **Organizational Psychology:** Definition & Nature
- **Development of Industrial & Organizational Psychology**
- **Goals of I/O Psychology**
- **Major Fields of Industrial/Organizational Psychology** (Personnel Psychology, Organizational Behavior, Ergonomics, Vocational and Career Counseling, Organization Development, Industrial Relations)

UNIT 2- ORGANISATIONAL BEHAVIOR

- **Organizational behavior:** Definition & Goals of studying OB
- **Work Motivation:** Concept, Content Theories (Maslow's Theory, Herzberg's Two factor theory), Process Theories (X & Y Theory, Equity Theory)
- **Work related attitudes:** Job satisfaction, Job Involvement, Employee Engagement, Organizational Commitment, Perceived Org. Support,

UNIT 3 – LEADERSHIP & COMMUNICATION

- **Leadership:** Definition & Concept, Qualities & Characteristics of Leader, Theories of Leadership: Situational/Contingency (Hersey-Blanchard's Theory, Fiedler's Theory, Trait Theory)
- **Communication in Organizations:** Definition, Process, Types (Verbal & Non-Verbal), Direction & Networks of Communications, Barriers in Communication, Effective Communication, Active Listening

UNIT 4- ORGANISATIONAL STRESS & CONFLICT

- **Organizational Stress:** Meaning & Causes, Consequences of Org. Stress, Personal & Org. Strategies for Management of Org. Stress, Concept of Burnout

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- **Organizational Conflict:** Meaning, Types of Conflict, Causes, Resolution of Conflict- Transactional Analysis & Johari Window

Books for Reference:

1. Pandit, Kulkarni and Gore (1999), Upayojit Manasashastra, Pimpalpure Pub. Nagpur
2. Barlinge & Latkar (1999), Upayojit Manasashastra, Pimpalpure Pub. Nagpur
3. Aamodt, M.G. (2001): Industrial Organizational Psychology. India: Cengage Learning.
4. Chadha, N. K. (2007): Organizational Behavior. Galgotia; New Delhi.
5. Greenberg, J. and Baron R. A. (2007): Behavior in Organization. (9thEd), India; India; Dorling Kindersley.
6. Luthans, F. (2009): Organizational Behaviour. New Delhi McGraw Hill.
7. Muchinsky, P. (2006): Psychology applied to work: An introduction to industrial and organizational psychology, N C; Hyper graphic Press.
8. Pareek, U. (2010): Understanding organizational behavior. Oxford University Press

Dr. Shankar

Shankar →

Shankar

RT Anand
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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 4

TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: HRM & Consumer Behavior

(Subject Code- BAPSYHRMCP (Major 2))

(Credit – 02, Total Teaching Hours- 30, Teaching Hours per week – 02)

COURSE OBJECTIVES-

1. To know the concept and practices of Human Resource Management.
2. To understand the personal, social, and situational factors that influence consumer buying behavior

UNIT 1 – HUMAN RESOURCE MANAGEMENT

- Meaning & Nature, Objectives & Scope of HRM, Evolution of HRM, Role of HR Manager, Concept of HRD

UNIT 2- CONSUMER BEHAVIOR

- **Consumer Behavior:** Meaning & Nature, Principles & Importance of studying consumer behavior
- **Advertisement:** Concept of Advertisement, Psychological Objectives of advertisement, Attention getting devices used in advertisement

Books for Reference:

1. Pandit, Kulkarni and Gore (1999), Upayojit Manasashastra, Pimpalapur Pub. Nagpur
2. Barling & Latkar (1999), Upayojit Manasashastra, Pimpalapur Pub. Nagpur
3. Kumar; S. R., Leon, S., Kanuk, L. L. (2014), Consumer Behaviour, Pearson
4. Ashwathapa, K., dash, S. (2021), Human Resource Management , Mc Graw Hill
5. Luthans, F. (2009): Organizational Behaviour. New Delhi McGraw Hill.

Anand Chaudhary

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Shubh

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 5

TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Counseling Psychology

(Subject Code- BAPSYCOUPSY (Major 1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To develop an understanding of basic concepts, processes, techniques of Counselling.
2. To understand the scope of Counseling for school & career related issues.
3. To analyze how counseling can help people suffering from different life events and trauma
4. To evaluate the intervention through counseling for better decisions in the spectrum of life

UNIT 1- INTRODUCTION TO COUNSELLING

- Meaning, Purpose, Goals & Process of Counselling
- Difference between Counseling, Psychotherapy, Guidance and Psychiatry
- Counselor-Client Relationship

UNIT 2- COUNSELING AS A PROFESSION

- Counseling to Children & Adolescents: Objectives, Referral process, Therapeutic Ways to Counseling Children and Adolescents
- Career Counselling: Concept, Goals, Structure of Career Counseling
- School Counseling: Concept, Objectives, Role and Function of School Counselor

UNIT 3- COUNSELING APPLICATION- I

- Alcohol and Drug Addiction Counselling: Concept of addiction, Addictive Behaviors, Individual & Group Counseling
- Counseling the persons with Suicidal Tendencies, Victims of Harassment and Violence

UNIT 4- COUNSELING APPLICATION- II

- Family Counseling: Objectives, Process of Family Counseling
- Pre-marital Counseling
- Crisis Intervention Counselling: Crisis through Physical Abuse-Childhood Trauma- Natural Calamities, Elements of Counseling

Books for Reference:

- Belkin G.S. (1988) Introduction to counselling, W.G. Brown Publisher
- Nelson J. (1982) The Theory and Practice of Counselling Psychology, New York, Holt Rinehart & Winston
- S. Narayana Rao, (1991) Counselling and Guidance, Tata McGraw hill Publication
- Aguilera, D.C. (1998). Crisis Intervention: Theory and Methodology (8thEd.) Philadelphia: Mosby
- Belkin, G. S. (1998). Introduction to Counselling (3rd Ed.) Iowa: W. C. Brown
- Burnard, P. (2009). Counseling Skills Training: Book of activities. Viva Books, New Delhi.

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Capuzzi, D. & Gross, D. R. (2007). Counselling and Psychotherapy: Theories and Interventions (4th Ed.) New Delhi. Pearson.

Corey, G. (2009) Counselling and Psychotherapy; Theory and Practice. (7th Ed.) New Delhi: Cengage Learning.

Friedlander, M.L. & Diamond, G.M. (2012). Couple and Family Therapy. In E. M. Altmaier and J.C. Hansen (Eds.) The Oxford Handbook of Counselling Psychology. New York: Oxford University Press.

Geldard, K. & Geldard, D. (2011). Counselling Children: A Practical Introduction (3rd Ed.) New Delhi: Sage

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 5

TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Health & Positive Psychology

(Subject Code- BAPSYHPP Major 2)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To know the basics of health and illness from the Bio-psychosocial perspectives.
2. To understand the significance of behavioral and psychological correlates of health and illness.
3. To Understand the significant aspects adjustment, mental health and well-being
4. To analyze how new approach of positive psychology helps in enhanced health behaviour

UNIT 1 – HEALTH PSYCHOLOGY

- Goals of Health Psychology,
- Biopsychosocial Model of Health & Illness
- Behavioral and psychological correlates of illness
- Approaches to promoting wellness

UNIT 2 - COMMUNITY WELL BEING

- **Adjustment:** Meaning, Process, Mechanisms of Adjustment- Defense, Escape, Illness
- **Mental Health:** Meaning, Characteristics of Mentally Healthy Person
- **Well Being:** Meaning, Models of well-being, Factors affecting well-being, Promoting well-being

UNIT 3 –FOUNDATIONS OF POSITIVE PSYCHOLOGY

- Development of Positive Psychology- Historical Perspective
- Aims & Scope of Positive Psychology
- Classification of Character Strength & Virtues

UNIT 4 – APPLICATIONS OF POSITIVE PSYCHOLOGY

- Positive Psychology at Workplace, Health & Wellness
- Positive Psychology for Parenting & Schooling
- Positive Psychology for Building Relationships, Family and Aging

Books for Reference:

- Taylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill
- Brannon and Feist. Health Psychology.
- Mohanty, N., Varadwaj, K. & Mishra, H.C. (2014). Explorations of Human Nature and Strength: Practicals in Psychology, DivyaPrakashani, Samantarapur, Bhubaneswar.
- Ogden, J. (2007). Essentials of Health Psychology. McGraw Hill.
- Jain, M. (2022), Positive Psychology, Sakaratmak Manovigyan, Amit Publication
- Baumgardner, S.; Crothers, M. (2014), Positive Psychology, Pearson Education, India

Dr. M. Chaudhary

Dr. J. K. Singh

Dr. M. K. Singh

Dr. R. J. Singh

Dr. M. K. Singh

- Lopez, Pedrotti, Synder (2021), Positive Psychology: The Scientific and Practical Explorations of Human Strengths, SAGE Publications India Pvt Ltd
- Snyder, R. & Scaneloez, (2007) Positive Psychology: Scientific and Practical Explorations of Human Strengths, Sage Publication, New Delhi

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 5
TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Lifespan Psychology

(Subject Code- BAPSYLIFEPSY)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To equip the learner with an understanding of the concept and process of human development across the life span
2. To impart an understanding of the various domains of human development
3. To inculcate sensitivity to socio-cultural context of human development
4. To develop insight about handling issues related to human growth and development

UNIT 1: INTRODUCTION

- Human Development: Concept of Growth and Development,
- Principles of Development

UNIT 2: DETERMINANTS OF HUMAN DEVELOPMENT

- Biological-Social-Cultural Factors affecting Human Development

UNIT 3: STAGES OF DEVELOPMENT

- Physical-Emotional-Cognitive-Social Development at different stages (Early Childhood, Middle Childhood, Late Childhood, Adolescence, Adulthood, Middle Adulthood, Late Adulthood)

UNIT 4: CHALLENGES TO HUMAN DEVELOPMENT

- Developmental Delay
- Dysfunctional Family
- Effect of Lifestyle, Technical Advancement, Natural-Social-Health Calamities on Human development

Books for Reference:

- Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.
- Mitchell, P. and Ziegler, F. (2007). Fundamentals of development: The Psychology of Childhood. New York: Psychology Press.
- Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). Human development (9th Ed.). New Delhi: McGraw Hill.
- Santrock, J. W. (2011). Child Development (13th Ed.). New Delhi: McGraw Hill.
- Santrock, J.W. (2012). Life Span Development (13th ed) New Delhi: McGraw Hill.
- Saraswathi, T.S. (2003). Cross-cultural perspectives in Human Development: Theory, Research and Applications. New Delhi: Sage Publications.
- Srivastava, A.K. (1997). Child Development: An Indian Perspective. New Delhi.
- Hurlock; E. (2017), Developmental Psychology: A Life - Span Approach, Mc Graw Hill Education, 5th Edn.

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 6
TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Psychopathology

(Subject Code- BAPSYPATH (Major1))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To understand the basics of 'abnormality'.
2. To describe and evaluate the criteria used in the classification and diagnosis of personality disorders, mental illness, and developmental disorders.
3. To analyse the aetiology of different psychological disorders
4. To evaluate the effect of abnormality on human behaviour

UNIT-I: Basics of Pathology

- Concept of abnormality
- Perspectives of abnormal behaviour- Psychodynamic, Behavioural, Cognitive, Humanistic-Existential, and Sociocultural
- Classification of maladaptive behaviour-DSM-V

UNIT 2- GENERAL DISORDER

- **Anxiety disorder-** Aetiology and Treatment of Anxiety Disorder, Types - Generalized anxiety disorder, Phobic disorder, Obsessive Compulsive disorder
- **Somatoform Disorders-** Aetiology and Treatment of Somatoform Disorder, Types- Conversion disorder, Hypochondriasis
- **Dissociative Disorder -** Aetiology and Treatment of Dissociative Disorder, Types- Amnesia, Fugue, Dissociative Identity Disorder

UNIT 3- CHILDHOOD DISORDER

- Autistic Disorder
- Conduct Disorder
- ADHD
- Down Syndrome
- Childhood Depression

UNIT 4 - MAJOR DISORDERS

- **Depressive disorder –** Aetiology and Treatment of Depressive Disorders, Types- Bipolar affective disorder, Dysthymia
- **Schizophrenia :-** Characteristics, Major subtypes, Causes and treatment of Schizophrenia
- **Personality Disorder:** Narcissistic Personality, Antisocial (Psychopathic) Personality, Borderline Personality, Paranoid Personality, and Schizotypal Personality

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Books for Reference:

- Lamm A. (1997) Introduction to Psychopathology, New York, Sage
- Buss A.A. (1999) Psychopathology, N. Y., Jnon wiley
- Sarason I.G. & Sarason B.R. (1993) Abnormal Psychology- The Problem of Maladaptive Behaviour, 7th edition, Prentice Hall, New York
- प्रा. श्री. पंडित, डॉ कुलकर्णी डॉ गौरे, (1999) उपायोजित मानसशास्त्र , पिंपळपुरे अँड कं. पब्लिशर्स, नागपूर

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 6

TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Psychotherapies

(Subject Code- BAPSYTHE(Major 2))

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To know the various psychotherapies for the treatment of psychological disorders.
2. To demonstrate an understanding of the psychotherapy as they relate to treatment and prevention modalities.
3. To understand various assistive ways to psychotherapies.
4. To evaluate various approaches to therapies and their applications in the field of psychology.

UNIT 1- INTRODUCTION TO PSYCHOTHERAPIES

- Psychotherapy: Concept, Definition, Aims of Psychotherapy

UNIT 2 : SCHOOLS OF PSYCHOTHERAPY & TECHNIQUES - I

- Psychodynamic Therapy: Freud
- Behavioural Therapy: Classical and Operant
- Cognitive Therapy: CBT, REBT

UNIT 3 - SCHOOLS OF PSYCHOTHERAPY & TECHNIQUES - II

- Humanistic Psychotherapy: Client Centered
- Existential Psychotherapy: Logo Therapy
- Gestalt Therapy

UNIT 4- BIOMEDICAL THERAPY

- Definition, Types: Pharmacotherapy, Electroconvulsive Therapy, Psychosurgery
- Relation & Difference between Psychotherapy & Biomedical Therapy

Books for Reference:

- Golfried, H. R. & Davison, G. C.: Clinical Behaviour Therapy
- Sharf R., Theories of Psychotherapy & Counselling – Concepts and Cases; 2nd Edition.
- The Top 10: The Most Influential Therapists of the Past Quarter-Century. Psychotherapy Networker.: 2007, March/April (retrieved 7 Oct 2010)
- Henrik, R. (ed) The Psychotherapy Handbook. The A-Z handbook to more than 250 psychotherapies as used today (1980) New American Library.
- Chambless, D.L, Barker, M. J., Baucom, D.H. (1998). Update on Empirically validated therapies, II. The Clinical Psychologist, 51, 1-10.
- Coleman, J. C. (1988). Abnormal psychology and modern life. D.B. Taraporevala Sons & Co. Private limited, Scott Foresman and Company. New York.

P. D. Chaudhary

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M. B. B.

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM6

TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: Statistics & Research Methodology

(Subject Code- BAPSYSTATSRM)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To analyze the basic concepts of statistics in psychology
2. To explore parametric and non- parametric statistical tools for analysis and interpretation.
3. To illustrate hypothesis testing by use of inferential tools.
4. To apply qualitative data analysis for in depth explorations.

UNIT 1- RESEARCH METHODS & HANDLING RESEARCH DATA

- **Research:** Concept, Types of Research, Methods of Data Collection
- **Sample:** Concept of Population & Sample, Parametric & Non-Parametric sample
- **Hypothesis:** Concept, Types of Hypothesis
- **Data:** Grouped & Ungrouped
- **Levels of measurement** - Nominal, Ordinal, Interval, Ratio
- **Frequency Distribution**
- **Graphical Representation-** Frequency Polygon, Histogram

UNIT 2 – STATISTICS – I

- **Measures of Central Tendency-** Mean, Mode, Median, Computation in Grouped & Ungrouped Data
- **Measures of Dispersion:** Computation Standard Deviation (Grouped & Ungrouped Data), Quartile Deviation (Grouped Data)

UNIT 3 : STATISTICS- II

- **Test of significant difference-** t Test
- **Test of significant difference-** Chi Square
- **Concept of Degrees of Freedom, Levels of significance, Type 1 Type 2 Errors**

UNIT 4 : STATISTICS- III

- **Correlation-** Concept, Types, Computation of Correlation Coefficient through Product-Moment Correlation
- **Normal Probability Curve-** Properties, Concept of Kurtosis & Skewness, Computation of % of scores in given Range, Range in which the given % of scores lies

Books for Reference:

- Broota K.D. (1992) experimental Design in Behavioral Research, New Delhi, Wisely Easttrin
- Minium, E.W, King B.M. & Bear G. (1993) Statistical Reasoning in psychology and Education, New York, Jhon Wiley
- Siegel S. (1994) Non-Parametric Statistics, New York, Mc Graw hill
- Garret, H.E. (1966) Statistics in Psychology and Education, New York, David Mckay
- Mangal (2002), Statistics in Education & Psychology, Prentice Hall India
- C.R.Kothari (2019), Research Methodology, New Age International Publishers

Dr. K. D. Broota

Dr. E. W. Minium

Dr. S. Siegel

Dr. H. E. Garrett

Dr. G. Bear

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 7

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: PERSONALITY THEORIES

(Subject Code- BAPSYPERTHE(Major1)

(Honors & Research)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To know the different approaches to define personality and its dynamics
2. To understand classic and contemporary theories of personality to real world situation
3. To critically examine the major theories and findings of the field of personality psychology.
4. To analyze different ways of understanding one's personality

UNIT 1 – INTRODUCTION TO PERSONALITY THEORIES

- Definition, Characteristics of Personality, Nature of Personality Theories (Descriptive Function & Predictive Function) theories and its benefits, Dimensions and perspective of theories of personality

Unit 2 – THEORIES OF PERSONALITY – I

- Psychoanalytic and Neoanalytic Theories: Freud, Jung, Adler, Horney, Erikson, Kohut

UNIT 3 - THEORIES OF PERSONALITY – I

- Trait Theories: Allport, Cattell, Eysenck
- Humanistic Theories: Maslow, Rogers

UNIT 4 - THEORIES OF PERSONALITY – III

- Cognitive Theory: Kelly
- Existential Theory: May
- Behavioral/ Learning Theories: Skinner, Rotter, Bandura

Reference Books-

- Hall and Lindzey (2003). Theories of Personality. Tata McGraw Hill, New Delhi
- Manikkam, Raja (2005). General Psychology. Vinod Pustak Mandir, Agra (U.P.)
- Morgan, C.T. (2005). Introduction to Psychology. Tata McGraw Hill, New Delhi. Singh
- A.K. (2007). The Psychology of Personality. Motilal Banarsidas, New Delhi.
- Srivastav, D.N (2008). General Psychology. Vinod Pustak Mandir, Agra (U.P.)

Dr. K. K. Kulkarni

Dr. M. K. Kulkarni

Dr. J. K. Kulkarni

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 7

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: EMERGING TRENDS IN PSYCHOLOGY

(Subject Code- BAPSYEMTPSY(Major 2)

(Honors & Research)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To explain some of the current trends in psychology
2. To discuss the emergence of psychology with respect to different issues in human life
3. To analyze how psychological principals can serve the solutions to the real life problems
4. To evaluate the challenges in the future and scope for study of psychology

UNIT 1 – PSYCHOLOGY FOR PARENTING & EDUCATION

- Stages of physical, cognitive, and psychosocial development upto adulthood; imparting values and building character; dealing with 'special' children
- Goals of education; Teaching and learning process, diversity in learners; changing role of the teacher; types of evaluation; factors in academic success

UNIT 2 - PSYCHOLOGY FOR TECHNOLOGY & HEALTH

- Advantages and disadvantages of computers, internet, and social media to individuals and groups; Cultural lag and dealing with rapid pace of change
- Psychosocial aspects of physical health; Importance and types of exercise; Psychological stress among the caregivers; Life with chronic illnesses and Global Pandemics: Dealing with grief and death

UNIT 3 - PSYCHOLOGY FOR WORK & BUSINESS

- Needs for relatedness, competence, autonomy; Growth Needs in Maslow's hierarchy of needs; Extrinsic and intrinsic motivation; Contemporary employment arrangements and their effects on individuals; Work-life balance
- Psychological characteristics of entrepreneurs; Persuasive communication and advertising, Rational strategies of decision making

UNIT 4 - PSYCHOLOGY FOR LAW & SUSTAINABLE FUTURE

- Challenges of law enforcement, Juvenile delinquents, Recidivism, Eye-witness testimony, Identification from line ups, Profiling, Mental illness and law
- Environmental influences on human life: Environmental stress, Urban environments, Environment and quality of life; Health benefits of nature; Human influences on Environment: Environmental degradation; Global Warming; Loss of biodiversity; Sustainable living and pro-environment behaviour

Reference Books-

- Bekerian, D., & Levey, A. (2012). Applied psychology: Putting theory Into practice, Oxford University Press.

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- Donaldson, S. I., Csikszentmihalyi, M., & Nakamura, J. (Eds.). (2020). Positive Psychological Science: Improving Everyday Life, Well-being, Work, Education, and Societies Across the Globe. Routledge.
- Geller, E. S. (2016). Applied Psychology. Cambridge University Press. Hodgetts, D., Stolte, O., Sonn, C., Drew, N., Carr, S., & Nikora, L. W. (2020). Social psychology and everyday life. Red Globe Press.
- Singh, A.K. (2002). Sangyanatmak Manovigyan. Motilal Banarasidas. Steg, L., & De Groot, J.I.M. (Eds.). (2018). Environmental Psychology: An Introduction (2nd ed.) Wiley.
- Strongman, K. T. (2006). Applying psychology to everyday life: A beginner's guide. John Wiley & Sons.
- Suleman, M. (2009). Ucchatar Samaj Manovigyan. Motilal Banarasidas.
- Tiwari, P.S.N. (2001). Adhunik Paryavarniya Manovigyan, Motilal Banarasidas.

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 7
TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: Research Project- Part 1

(Subject Code- BAPSYRP (Major3)

(Honors)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To provide an overview of undertaking a research project
2. To understand the process of planning and carrying out a research project
3. To experience the data collection stage of research, its statistical analysis and hypothesis testing
4. To get hands on training of writing a research report

GUIDELINES-

1. A student/s (individually or in team of 2 students) is required to carry out a Research Project on an issue of interest to him / her under the guidance and supervision of a teacher.
2. It is mandatory for every student to complete following steps of the Research Project to clear this paper in Sem 7-
 - Identification of research problem
 - Formulation of Hypothesis
 - Identifying Sample
 - Finalisation of Research Tool
 - Actual Data Collection from the Sample
3. It is mandatory to follow APA Guidelines and APA Code of Ethics and Standards in Research
4. Evaluation Pattern-

Activity				CIE	Total
Identification of problem	Review of Literature	Method	Data Collection	Viva-voce	
10	10	10	20	50	100

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 7

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: PSYCHOLOGICAL TEST CONSTRUCTION

(Subject Code- BAPSYTESTCON)

(Honors & Research)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To know the purpose and scope for assessment through psychological tests
2. To understand various characteristics involved in good psychological test
3. To analyse different types of validity, reliability and norms of psychological tests
4. To evaluate how psychological test can be constructed

UNIT 1 I – INTRODUCTION TO PSYCHOLOGICAL TESTS

- Definition and Nature
- Objective of Psychological Assessment
- Classification of psychological tests - Test Administration Perspective, Computer Assisted Testing, Speed and Power Tests, Paper and Pencil Tests, Objective and Subjective Scoring, Characteristics Perspective
- Characteristics of a good psychological test –Standardization, Reliability, Validity, Objectivity, Norms

UNIT 2 : TEST CONSTRUCTION – I

- Steps for constructing Standardized Tests: Planning, Preparation, Preliminary & Final Try-out, Evaluation, Finalization
- Item Analysis: Item Difficulty & Item Discrimination

UNIT 3 - TEST CONSTRUCTION – II

- Establishing Validity of the test: Types of Validity & Technique
- Measuring Reliability of the Test: Types of Reliability & Techniques
- Factor Analysis: Concept & Method

UNIT 4 - TEST CONSTRUCTION – III

- Devising Scoring Procedure and Transformation of Scores
- Devising Norms: Types & Techniques
- Preparation of Test Manual

Books for Reference:

- Groth-Marnat, G. (2003). Handbook Of Psychological Assessment (4th ed.). New Jersey: John Wiley & Sons
- Anastasi, A., Urbina, S. (2004). Psychological Testing (7th Ed.). India: Pearson Education Pvt. Ltd. (Indian Branch)

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- Graham, J. R., Naglieri, J.A. (Eds.), (2003). Handbook of Psychology; vol.10 Assessment Psychology. New Jersey:. John Wiley
- Urbana, S. (2004). Essentials of Psychological Testing. New Jersey:. John Wiley & Sons Freeman. Theory and Practice of Psychological Testing

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M. L. Baker

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 8

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: Professional Skills for Counsellors

(Subject Code- BAPSYPSCON (Major 1)

(Honours & Research)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To impart knowledge of basics of Counselling Skills and Characteristics of a Counsellor
2. To familiarize with Counselling Setting and professional skills required in counsellor-client interactions
3. To provide practical training in psychological assessment, conducting guidance and counselling
4. To evaluate other methods for guidance and counselling

UNIT 1 – CHARACTERISTICS OF A COUNSELOR

- Educational Qualities of a Counsellor
- Education and Training
- Licensure
- Certification and Advancement

UNIT 2 –COUNSELLOR'S SKILLS

- **Role of the Counsellor**
- **Counselling Setting** - Physical Setting, Sitting Arrangement, Proximity between Counsellor and Client
- **Process of Counselling** (Introduction, In-depth Communication, Suggestion)
- **Skills in Counselling** (listening, questioning, responding).

UNIT 3 – TOOLS OF GUIDANCE AND COUNSELLING

- **Psychological tests**- Meaning, Need, Limitations
- **Testing**-Intelligence, Aptitude, Interest, Personality

UNIT 4 –TECHNIQUES OF GUIDANCE AND COUNSELING

- **Interview**- Types, Procedure
- **Case History**
- **Questionnaire**

Books for Reference –

- Aggarwal J. C., (2004) Educational and Vocational Guidance and Counseling, 7th Edition, Doaba House; Delhi.
- Chauhan S.S. Principles and Techniques of Guidance. Dash, M (1997) Education of Exceptional Children, Atlantic publishers, New Delhi

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- Dev Kapil (2006) Educational Counseling, Pragun Publications, New Delhi
- Gibson Robert & Mitchell Marianne (2005) Introduction to Guidance and Counselling, 6th Edition, Prentice Hall of India, New Delhi.
- Gladding Samuel (2011) Counselling - A Comprehensive Profession, 6th Edition, Dorling Kindersley India Pvt. Ltd., New Delhi
- Kenkateish, S (2001) Special Education, Anmol Publication Pvt. Ltd., New Delhi.
- Kochhar S.K. (1987) Guidance and Counselling in Colleges and Universities, Sterling Publishers, New Delhi
- Milne Aileen (2003) Teach Yourself Counselling, McGraw Hill companies, Chicago.
- Sharma Ramnath and Sharma Rachana (2004) Guidance and Counseling in India, Atlantic Publishers and Distributors, New Delhi.

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 8

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: Advance Statistics & Research Methods

(Subject Code- BAPSYADVSTATRM (Major2))

(Honors & Research)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. To know the quantitate and qualitative research designs
2. To understand the planning of conducting research
3. To evaluate and compute various advanced statistical methods for higher level of data analysis
4. To analyze research report writing skills

UNIT I – QUALITATIVE RESEARCH

- Definition of Qualitative Research, Characteristics of Qualitative Research
- Reasons for Conducting Qualitative Research
- Qualitative Research Methods: Biographical Studies, Phenomenological Study, Grounded Theory Study, Ethnography, Case Study
- Context of Qualitative Methods
- Common Steps of Conducting Qualitative Studies
- Verification of Trustworthiness of Qualitative Research
- Qualitative and Quantitative Research: A Comparison

UNIT 2 - PROBLEM, HYPOTHESIS & RESEARCH DESIGN

- **Problem Identification** & Formulation Research Question
- **Hypothesis** –Types and Qualities of a good Hypothesis
- **Sampling:** Concept, Characteristics of a good sample. Probability Sample - Simple Random Sample, Systematic Sample, Stratified Random Sample & Multi-stage sampling. Determining size of the sample
- **Research Design:** Concept, Types: Exploratory, Descriptive, Experimental Design, Non-Experimental

UNIT 3 – ADVANCED STATISTICAL METHODS FOR DATA ANALYSIS

- Analysis of Variance (One Way & Two Way)
- Post Hoc Comparison
- Biserial Correlation
- Prediction & Regression
- Multiple Regression
- Sign Test, Mann-whitney U Test, Median Test

Devi Chandra

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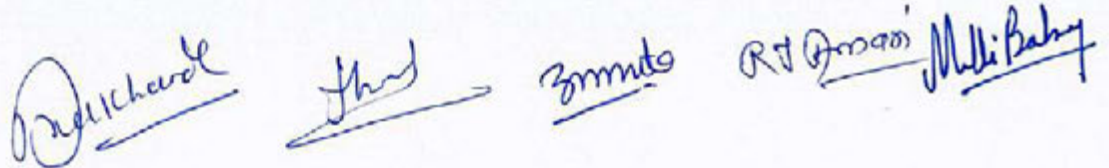
RJ Amari
Mullik Babay

UNIT 4 – REPORT WRITING

- Introduction, Types of Report, Writing the Research Report, The Preliminary Pages of Research Report, Main Components or Chapterizing of Research Report, Style, and Layout of the Report
- References & Bibliography, APA Style, Common Weaknesses in Report Writing and Finalizing the Text
- Reference Management Software like Zotero/Mendeley, Software for paper formatting like LaTeX/MS Office, Software for detection of Plagiarism

Books for Reference:

- Broota K.D. (1992) experimental Design in Behavioral Research, New Delhi, Wisely Eastin
- Minium, E.W, King B.M. & Bear G. (1993) Statistical Reasoning in psychology and Education, New York, Jhon Wiley
- Siegel S. (1994) Non-Parametric Statistics, New York, Mc Graw hill
- Garret, H.E. (1966) Statistics in Psychology and Education, New York, David Mckay
- Mangal (2002), Statistics in Education & Psychology, Prentice Hall India
- C. R. Kothari (2019), Research Methodology, New Age International Publishers



RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 8

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: Research Project- Part 2

(Subject Code- BAPSYRP2(Major3)

(Honors)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To provide an overview of undertaking a research project
2. To understand the process of planning and carrying out a research project
3. To experience the data collection stage of research, its statistical analysis and hypothesis testing
4. To get hands on training of writing a research report

GUIDELINES-

1. A student/s (individually or in team of 2 students) is required to carry out a Research Project on an issue of interest to him / her under the guidance and supervision of a teacher.
2. It is mandatory for every student to complete following steps of the Research Project to clear this paper in Sem 8-
 - Data Interpretation
 - Statistical Analysis
 - Discussion of Results
 - Conclusion, Scope, Limitations
 - References
 - Final Research Report
3. It is mandatory to follow APA Guidelines and APA Code of Ethics and Standards in Research
4. Evaluation Pattern-

Activity		50
	Introduction & Review of Literature	10
	Method	10
	Data Interpretation	10
	Discussion of Result	10
	Conclusion, Scope, Limitation	10
Viva		50
Total		100

Report Particulars-

- Project should be in Soft binding (spiral) in 2 Copies.
- It should be typed in Times New Roman, Font Size 14
- Line spacing 1.5
- Total text should not exceed 50 pages (References & Appendices extra).
- Report writing ,must be according to **APA Publication Manual 7th Edition**

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 8

TO BE IMPLEMENTED FROM THE SESSION 2027-28

COURSE TITLE: ETHICS IN COUNSELING & RESEARCH

(Subject Code- BAPSYETCORE)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

Course Outcome:

1. To know what is mean by ethics and code of conduct to be followed by professional
2. To explain ACA Code of Ethics and conduct
3. To understand the ethics involved in research
4. To analyse APA Code of Ethics and Standards

UNIT I – ETHICAL CODE & PRINCIPALS

- What are the Ethics?
- Reasons for Ethical Codes
- Ethical Principles of Counseling
- Professional Codes of Ethics -ACA Code of Ethics: Purpose

UNIT 2 - THE ACA EIGHT MAIN SECTIONS

- Section A: The Counselling Relationship
- Section B: Confidentiality, Privileged Communication and Privacy
- Section C: Professional Responsibility
- Section D: Relationships with Other Professionals
- Section E: Evaluation, Assessment, and Interpretation
- Section F: Supervision, Training, and Teaching 4
- Section G: Research and Publication
- Section H: Resolving Ethical Issues

UNIT 3 – ETHICS IN RESEARCH- I

- Introduction to Research Ethics
- The APA Code of Ethics' Five Principles:
 - Principle A: Beneficence and Non-Maleficance
 - Principle B: Fidelity and Responsibility
 - Principle C: Integrity
 - Principle D: Justice
 - Principle E: Respect for People's Rights and Dignity

UNIT 4 – ETHICS IN RESEARCH- II

- The APA Code of Ethics' Standards
- Research misconducts: Fabrication, Falsification, Plagiarism

Books for Reference:

- Corey, G (2008): Theory and Practice of Counseling and Psychotherapy. USA: The Thompson Brooks.

Dr. Chandra

Dr. Jyoti

Dr. Zomuto

R. J. G. Rao

M. B. Babay

- Narayana Rao (2008): Counseling and Guidance. New Delhi: Tata Mc-Graw Hill.
- Tim Bond (2000): Standards and Ethics for Counselling in Action. SAGE Publication
- Samuel T. Gladding (2009): Counseling: A Comprehensive Profession. Publisher: Pearson/Merrill Prentice Hall.
- Clarke, Steve. (1999). "Justifying Deception in Social Science Research". Journal of Applied Philosophy Vol. 16.No. 2 (1999) pp. 151-166
- Dooley, David. (2001). Social Research Methods (4th edition). New Delhi: Prentice-Hall of India private ltd.
- Guthrie, Gerard. (2010). Basic Research Methods: An Entry to Social Science Research. India: Sage Publication
- ACA Code of Ethics , American Counseling Asso. Website
- APA Code of Ethics & Standards (2017), APA Website

Preetha

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Somnato

R. J. Amorin
Melli Baby